# LECEDESILETS

## **NAC 600 mg**

Provides antioxydants and supports immune system

**30 capsules 600 mg** VEGETARIAN PESTICIDE FREE

GMO FREE

NPN 80117973

### Context

The immune system is a fundamental pillar of our overall health, playing a critical role in protecting the body against a multitude of diseases and infections. It serves as a complex network of cells, tissues, and molecules that work in unison to identify and combat harmful invaders, such as bacteria, viruses, and other pathogens.

A weakened immune system can predispose individuals to various health issues, including chronic degenerative conditions like cardiovascular disease, type 2 diabetes, neurodegeneration (e.g., Alzheimer's), autoimmune diseases (e.g., rheumatoid arthritis), chronic inflammatory conditions (e.g., chronic obstructive pulmonary disease (COPD), inflammatory bowel disease), and many others.

Various factors affect how well our immune system functions, including stress, gut dysbiosis, lack of sleep, sedentary lifestyle, and perhaps most notably, poor nutrition. Supplementing with targeted immune-enhancing nutrients can help bolster overall immune function and guard against all sorts of infections.

NEW NAC Immunity Care from Léo Désilets is a high-potency supplement that supplies a potent dose of N-Acetyl-Cysteine (NAC), a compound that plays a crucial role in maintaining the body's overall health and well-being. NAC is a modified form of the amino acid cysteine and serves as a precursor to glutathione, the body's most powerful antioxidant. NAC is most well-known for its ability to support detoxification processes by aiding in the breakdown of toxic substances, such as acetaminophen, and promoting the elimination of harmful free radicals. By replenishing glutathione levels, NAC also contributes to the body's defense against oxidative stress, which is a key factor in the development of chronic diseases.



### **MEDICINAL INGREDIENT :**

Each capsule contains N-Acetyl-L-Cysteine (NAC).....600 mg

#### **NON-MEDICINAL INGREDIENTS:**

Magnesium stearate, Microcrystalline cellulose, Hypromellose

#### **RECOMMENDED DOSE :**

Adults: Take 1 capsule twice a day. Take with a meal containing protein.

#### WARNINGS :

Do not use in conjunction with activated charcoal. Do not use this product if you are taking antibiotics or nitroglycerin, or if you suffer from cystinuria. Consult a health care practitioner prior to use if you are pregnant, breastfeeding.

#### **RECOMMENDED DURATION OF USE :**

Consult a health care practitioner for use beyond 6 months.

#### **BENEFITS** :

- Provides antioxidants.
- Helps to reduce the severity & frequency of influenza-like symptoms and support the immune system in adults over 65 or suffering from chronic degenerative diseases.
- To help relieve symptoms of chronic bronchitis.

#### **INFORMATIONS**:

Léo Désilets M.H. Inc.'s NEW NAC Immunity Care comes in capsule form, providing 600 mg of N-Acetyl-L-Cysteine per dose. Like all Léo Désilets products, NAC Immunity Care is Non-GMO, and has no added flavours or colours. It is also free from the most common allergens, including wheat, gluten, peanuts and other nuts, eggs, dairy products, fish or shellfish, and soy. NAC boosts immune function by increasing the production and activity of immune cells, such as T cells and natural killer (NK) cells. Just as importantly, NAC naturally helps reduce inflammation, which is a major contributor to immune system dysfunction. By mitigating oxidative stress and inflammation, NAC supports the body's ability to fight off all sorts of pathogens and infections and maintain a robust immune response.

This makes NAC a valuable dietary supplement, especially during times when the immune system may be compromised, such as during the cold and flu season or periods of high stress, helping to reduce the risk of developing infections, and mitigate the length and severity of symptoms.

## LEC DESILETS

Léo Désilets M.H. Inc. is an entirely Quebec owned and operated natural products firm based in Scotstown in the Eastern Townships. It began operations in 1974 when the founder launched his premier product: Balsam Fir Gum

Our production methods meet the requirements and quality standards of Health Canada's Good Manufacturing Practices (GMP).

We produce a wide range of natural health and skincare products, which are available through our website as well as most natural health stores and some pharmacies.

Our mission: to offer high quality natural health and skincare products to help you take care of your health in a natural way.